# 2024

# Class Menu



# THE RIGHT TURN 605.773.4755 | WWW.THERIGHTTURN.NET | EXPANDING POSSIBILITIES FOR THE FUTURE



Page 2 To Schedule Call 605-773-4755

#### **Registration Options:**

• Call: 605-773-4755

 E-mail: bohman@midconetwork.com or jpowell@midconetwork.com or

bwestergren@midconetwork.com

#### **Registration Information:**

 Registration and payment is required 48 hours prior to the scheduled class time.

#### **Payment Options:**

- Mail: The Right Turn115 E. Sioux Ave, Pierre, SD 57501
- Request an invoice be sent to you
- Debit Cards are also an option by stopping at The Right Turn

#### Class Credit and Certificates:

Credit is given once all class requirements are complete. It is
necessary for students to be in attendance from start to finish
of class, participate in discussion, chats, polls, and complete the
pre and post tests. Certificates will be provided to each individual participant by e-mail. A Record Release Form is needed
from each participant in order to release information to anyone
other than the participant.

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## **Program Management and Regulation**

<b>Being the Best Leader you can be</b> Leaders will learn strategies to enhance their leadership style.		Four Crucial Leadership Keys For Directors In this leadership training Directors will learn crucial keys to implement as being the leadership of their program. Walk away feeling encouraged to soar in your position.	
2 Hours	\$5/participant	1.5 Hours	\$5/participant
Lunchtime Learning: Expelling Expulsion Learn about the impact of suspension and expulsion in early childhood, and strategies for preventing expulsion in the future.		On The Spot Activities: Attention Getters, and Transition Strategies Get moving in this hands-on, interactive class. We will play games and explore ideas for those unexpected or "trying" transition times.	
1 Hours	\$5/participant	1.5 Hour	\$5/participant
Program Specialist: Making Your I/T Program Stand Out  An invitation to all early childhood program owners, directors, and family childcare providers who care for and educate children birth to 3. Please join me for an 8 part series as we explore together the strategies for providing high quality infant/toddler programming. Series cost includes workbook.		Pyramid Model: Leadership Strategies We will identify effective leadership strategies including collaborative planning, program-wide planning and professional development.	
16 Hours	\$40/participant	1.5 Hours	\$5/participant
The Business Side of Family Childcare  We will discuss the "other" side of Family Childcare. We will look at professionalism, our vision, basic record keeping, basic tax preparation, and how to organize everything. We will take a look at contracts and handbooks and how to market ourselves. We will also show how to set up a system for organizing tax papers so life isn't so stressful in April each year.		timeren iai anangasi (aanasi aga iasaasa)	
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1.5 Hours

\$5/participant

2 Hours

\$5/participant

**Page 20** To Schedule Call: 605-773-4755

# **Program Health and Safety**

Hold My Hand: Teaching Safety Rules to Children Children don't understand risk so it is up to you to teach the safety rules. Learn ways to teach rules in a fun and engaging way.		How to Include a Lockdown Policy We will go over how to conduct drills and put into place lockdown policies.	
1. Hours	\$5/participant	1.5Hours	\$5/participant
Physical Wellness and Mental Health Discover the connection between nutrition, exercise and mental health. Learn how nutrition affects mood and behaviors and how physical activity improves overall mental health in children.		Prevention of Food and Allergic Reactions In this class you will learn about regulations and how to prevent food and allergic reactions.	
2 Hours	\$5/participant	1.5 Hours	\$5/participant
Safe Sleep Learn the steps to creating, implementing, sustaining and evaluating a policy with a focus on safe sleep,		Summertime Safety Planning safety procedures for different activities through OST summer programs.	
1.5 Hours	\$5/participant	1.5 Hours	\$5/participant
Supervising Children in OST This class will discuss specific supervision skills for school age children's safety within your programs		<b>Sweet Dreams</b> Exploring strategies for sleep and relaxation.	
1.5 Hours	\$5/participant	1 Hours	\$5/participant

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To use this menu just select the class you would like to schedule and contact us at The Right Turn by phone or email. We would be happy to assist you in planning your training.

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# Age Appropriate Planning and Activities

Age Appropriate Planning Learn how planning, observing and guiding children's play can help you achieve developmental and curriculum benchmarks.  1.5 Hours \$5/participant	Busy Little Fingers In this training you will learn fundamental activities to help enhance fine motor skills in little fingers. Getting a grip on daily activities such as: buttons, proper pencil grip, scissors and zippers.  2 Hours \$5/participant
FitCare: Mindful Moments Supporting Children's Social and Emotional Development. (Part of Fitcare series, can be done as a standalone class).  2 Hours Free	FitCare: Ready, Set, Move Promoting Physical Activity and Development (Part of Fitcare series, can be done as a standalone class).  2 Hours Free
Hooray For Lesson Plans! You will learn some tips and tricks in creating lesson plans.  1.5 Hours \$5/participant	Pour Painting With Children It's time to throw the paintbrush out the window! You won't believe what we'll use to create colorful abstract paintings.  1.5 Hours \$5/participant
Sensory Make and Take Hands on sensory experiences you can use to improve or refresh the sensory experiences you are currently providing. Be prepared to explore, have fun, and get messy!  1.5 Hours \$5/participant	What is DAP?  Learn about how to plan age-appropriate activities in your class room.  2 Hours \$5/participant

# Program Health and Safety

Active Supervision Learn the 6 strategies that make active supervision effective in childcare settings.		Appropriate Precautions When Transporting Children Learn about the regulations and how to safely transport children.	
1.5 Hours	\$5/participant	1.5 Hours \$5/participa	
Building Physical Premises Safety In this class you will learn the regulations and more about building safety.		CPR/First Aid  Pediatric and Adult CPR/AED and First Aid Red Cross certified training. Using Red Cross purpose and objectives students learn to recognize and respond appropriately to cardiac and breathing emergencies. With first aid students will learn how to manage illness and injuries in a child in the first few minutes until professional help arrives.	
1.5 Hours	\$5/participant	3 Hours \$6/p	articipant (CPR is free)
Hazardous Materials and Bio Contaminates In this course you will learn about regulations and how to keep your classroom safe from hazardous materials.		How to Include a Lockdown Policy  We will go over how to conduct drills and put into place lockdown policies.	
1.5 Hours	\$5/participant	1.5 Hours	\$5/participant
Prevention of Food and Allergic Reactions In this class you will learn about regulations and how to prevent food and allergic reactions.		Safe Sleep  Learn the steps to creating, implementing, sustaining and evaluating a policy with a focus on safe sleep,	
1.5 Hours	\$5/participant	1.5 Hours	\$5/participant

#### The Right Turn

#### **Professionalism**

#### Book Club: The Teacher-50 Critical Questions for Inspiring Classroom Excellence

What is classroom excellence? In this four week club, we will have open discussions and ask ourselves critical questions for inspiring classroom excellence.

8 Hours

\$20/participant

#### Combatting Teacher Burnout

Do vou ever feel like vou are in survival mode as a teacher? It happens to the best. In this class, you will learn ways to motivate and inspire yourself and others to keep showing up each day as the superhero teacher vou are!

2 Hours

\$5/participant

1.5 Hours

\$5/participant

#### I Don't Sit On Babies

In this class you will learn how to think of yourself as a professional and how to communicate to the community that childcare is a profession.

1.5 Hours

\$5/participant

#### Team Building

In this class you will learn some useful tips on how to build a stronger. more resilient team.

1.5 Hours \$5/participant

#### Collective Leadership

Participants will explore elements of collective leadership, which is a process that is dependent on the relationships of the group of people working together towards a shared vision, contributing to their fullest ability.

1.5Hours

\$5/participant

#### **Ethics and Decision Making**

Ever have on of those situations where you just aren't sure what the "right" thing to do is? We will explore some examples of ethical dilemmas and discuss responses using the NAEYC Code of Ethics as a guide in the decision

#### Take A Detour-Get A New View

This class is all about viewing yourself as an Early Childhood Professional, being professional by acting the part and the importance of continuing to build relationships with parents and children.

1.5 Hours

\$5/participant

#### Work Ethics Attributes-It's Your Choice

Learn about how ethics play into professionalism when you are working with children, co-workers, parents, and the community.

1.5 Hours

\$5/participant

### **Child Abuse and Neglect**

#### Being a Mandated Reporter

Learn what it means to be a mandated reporter and how to stress the importance of this role with staff.

#### **Building Resiliency**

Strategies for resiliency-building will include: a network of supportive relationships, rest, nutrition, physical and mindfulness activities

1 Hour

\$5/participant

1.5 Hours

\$5/participant

#### Child Abuse and Neglect

Learn the types and signs of abuse/neglect and understand the responsibilities of child care providers as mandated reporters. Review information regarding Shaken Baby Syndrome as well.

#### Help! What Should I Do Next?

Learn what your next steps are to address suspicion of child abuse and neglect.

1.5 Hours

Free

1.5 Hours

\$5/participant

#### **Period of Purple Crying**

We will cover what is normal infant crying. when the Period of PURPLE crying occurs, how to comfort a crying baby, along with the stresses and dangers of frustrated caregivers.

#### Prevention of Abusive Head Trauma

In this class you will learn about regulations and how to prevent abusive head trauma.

1.5 Hours

\$5/participant

1.5 Hours

\$5/participant

#### Shaken Baby

Healthy babies can cry a lot in their first 5 months of life. This is a new way to understand this crying. It will explain what is normal, what you can expect and how to

#### Toxic Stress and Resiliency

Learn how childhood trauma affects brain. development and impacts cognitive, social, and mental health. Identify strategies for resiliency building.

15 Hours

\$5/participant

1.5 Hours

\$5/participant

# Partnerships with Parents

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6 Ways to Promote  Relationship-Based Care  Based on the Program for Infant Toddler  Caregivers' six essential program  practices, this six session series explores each practice that supports the growth and development of children birth to age 3.		A Circle of Support for Social Emotional Development Discover how to work with parents to support children's social and emotional needs.	
12 Hours-Series	\$12/participant	1 Hour	\$5/participant
ACES This class will briefly introduce ACES (adverse childhood experiences) and how providers can support children and families who have experienced trauma.		Ages and Stages Developmental milestones and appropriate toys and activities for each age group will be discussed.	
2 Hours	\$5/participant	2 Hours	\$5/participant
Building Better Brains Participants will learn about early brain development and gain skills for supporting positive growth, utilizing the Brain Architecture Game.		Childhood Milestones: Birth to 5 In this class you will learn about milestones that children experience.	
1.5 Hours	\$5/participant	1.5 Hours	\$5/participant
development at the o	rn what normal sexual	Classrooms are the Root of Challenging Behaviors Understand the power that their words have on all domains of children's development. Become more intentional in using language to support children's growth, as well as developing relationships with children and families in the early childhood classroom.	
1.5 Hours	\$5/participant	1.5 Hours	5/participant

Child Growth and Development

<b>Building a Bridge</b> Learn the importance of the role providers play in developing relationships with the parents of the children in their care.		Communication with Families  We have all heard of the importance of communicating with the families of the children in our programs. But what information is most important to share and how do we share it?		
1.5 Hours	\$5/participant	1.5 Hours	\$5/participant	
<b>Creating a Classri</b> Learn about eco-fri to use them in your	endly toys and how	Engaging Families in Afterschool Programs Parents are so busy; it can be hard to get them involved in your OST program. Learn ways to increase family engagement which helps build positive relationships.		
1.5 Hours	\$5/participant	1 Hours	\$5/participant	
Hellos and Goodbyes  Learn ways to help both parents and children through these tough transition times.  1.5 Hours  \$5/participant		How to Talk to Parents  How to build appropriate relationships with parents, help them understand their child's behavior in your program, and how to work with parents to help children be successful.  2 Hours  \$5/participant		
I Want My Baby to Rea Literacy Development Teaching early literacy for both parents and ca Participants in this class develop a plan to comm about developmentally practices.	skills is important aregivers. as will learn how to aunicate with parents	Partnerships with Parents  As a childcare provider, do you sometimes feel that working with parents is more of a challenge than caring for their children?  The relationship that you establish with parents is as important as the one you develop with the children in your care.  Participants will share common challenges and explore ways to prevent		
1.5 Hours	\$5/participant	problems by build	ling positive partnership \$5/participant	

#### Nutrition for Children

#### **Beyond Cookies and Crackers Building Positive Relationships with** Discover ways to eliminate some of the Young Children difficulties we experience at snack time, Positive relationships form the foundation how to expand on the wonderful things for children and staff in afterschool that are already happening at snack time, programming! Learn 10 tips for building and find creative ways to make it a more relationships with youth that will support eniovable learning experience. their social emotional development. 1.5Hours \$5/participant 1.5 Hours \$5/participant Food Safety in the School Age Program How to Teach Nutrition to Kids Food safety is an integral part of In this class you will learn how to teach preventing foodborne illness. Join us to children about nutrition and have the learn food safety tips and procedures, and opportunity to gather some simple recipes how to implement them into your schoolthat you can make with children. age program. 1.5 Hours \$5/participant 1.5 Hours \$5/participant Let's Eat: Natural Learning Opportunities I'll Have What They're Having for Children Learn how to promote a relaxed, child-We will look at how meal times can offer friendly atmosphere that encourages important natural learning opportunities. conversations and healthy eating habits. Besides looking at providing nutritious foods, vou can use them to incorporate developmental challenges in your routine. 2 Hours \$5/participant 1 Hours \$5/participant Nutrition In A Junk Food World Pick. Pick. Pick How to keep healthy eating goals for We will discuss reasons why a child may children and families when the temptation be a picky eater and share tips on how to of junk food is everywhere. deal with the frustration of carino for a :picky eater" and how to encourage healthy eating habits. 1 Hours \$5/participant 1.5 Hours \$5/participant

## Child Growth and Development

#### **Conscious Discipline** Early Brain Development We will look at the role of discipline and how Learn about early brain development and a child's temperament can greatly influence gain skills for supporting positive growth their behavior. and development. 1.5 Hours \$5/participant 1.5 Hours \$5/participant **Enhancing Emotional Vocabulary in** FitCare: Ready, Set, Move Young Children Promoting Physical Activity and Development We will look at strategies and activities that you can use with your young children to promote the development of expressive language skills. 2 Hours Free 15 Hours \$5/participant Generous Listenina This is Your Brain on Music Listening is more than simply "not Discover how music supports brain growth speaking" and generous listening is focused and development. Explore ideas for on listening to understand. children's musical activities. 1.5 Hours \$5/participant 1.5 Hours \$5/participant "Writing" with Success The Whole Child-ABCs of Child Care Fine motor skills and writing readiness are Learn what may be behind some behavior essential to the developing toddler/ problems in your care. Gain tips to guide preschooler. Fine motor skills develop children to more appropriate behavior. progressively beginning in the earliest vears of childhood. 1.5 Hours \$5/participant 1.5 Hours \$5/participant

# Communication and Relations with Staff

Maintaining a Respectful Workplace In this class you will learn how to communicate with staff and parents in a respectful way	Making the Most Out of Staff Meetings In this class you will learn about some tips and tricks on how to conduct a staff meeting.
1.5 Hours \$5/participant	1.5 Hours \$5/participant
Relationships In The Workplace Learn how to build and maintain professional relationships in your workplace.	Coming Soon  —-
1.5 Hours \$5/participant	
	Hours participant
Coming Soon	Coming Soon —-
Hours participant	Hours participant
Coming Soon 	Coming Soon ——
Hours participant	Hours participant

## **Learning Environments**

#### 10 Things Every Child Needs Caregivers play an important role in "Green" Tovs providing a safe, stimulating and Learn about eco-friendly toys and how to developmentally appropriate environment use them in your classroom. for young children. Learn about 10 things every child needs to grow and develop. 1.5 Hours \$5/participant 1.5 Hours \$5/participant A Closer Look at Classroom Organization Nap In this training you will learn the Nap time can be difficult and stressful for importance of organization in play children and teachers. What do we do if a environments. Participants will take a look child will not nap or only naps for a short at the curriculum "Beyond Centers & Circle while? Let's discuss ways to increase sleep Time" and how children benefit from beyond benefits for everyone in the classroom a shelf of toys. 1.5 Hours \$5/participant 1.5 Hours \$5/participant Observing the Small and Wonderful **Planning Activity Areas** In this class you will learn about how to Learn to create an environment where conduct observations and what to do with children are valued, and feel safe to explore your observations. a variety of developmentally appropriate learning areas that promote positive behaviors. \$5/participant 1.5 Hours 1.5 Hours \$5/participant The Power of Loose Parts The Power of Play Loose parts creates endless possibilities What makes play so significant in learning? and invites creativity. When children are How can you support engaging play to encouraged to integrate play materials in promote the education and development of their own creative ways. Discover ideas for children? Explore these questions and transforming open ended play by using more about the power of play. unique materials.

\$5/participant

1.5 Hours

\$5/participant

1.5 Hours

1.5 Hours

# Interpersonal Communication and Relationships

#### Building Blocks of ASL **Building Positive Relationships with** Interactive course where participants will Young Children explore benefits of using American Sign Positive relationships form the foundation Language with young children and learn a for children and staff in afterschool few signs to use immediately with children programming! Learn 10 tips for building in their care. relationships with youth that will support their social emotional development. 1.5Hours \$5/participant 1.5 Hours \$5/participant **Building Your Bounce** Cohesiveness In this course, you will discover what Team building techniques to strengthen resilience means to you, how it plays a role staff morale and communication. in your well-being and will give you some tips on how to bounce back from challenges. 1 Hour \$5/participant \$20/participant 8 Hours Hello Friends! **Cultivating Compassionate Classrooms** Amidst the busy and intense times of This class is designed to help teachers caring for children, warm and welcoming understand how to enrich children's lives by interactions are key to keeping the peace walking alongside children as they form and helping everyone feel safe and loved. compassion. Teachers will learn the Review why this is so important and learn hallmarks of compassion. specific ways to put it into practice. 2 Hours \$5/participant 1.5 Hours \$5/participant Staff Resiliency There's No I in Team This class will explore different self-care Explore the areas of cooperation. activities for caregivers that will help communication, expressing feelings. maintain a healthy, happy classroom appreciating diversity, and conflict environment for everyone. resolution

2 Hours

\$5/participant

\$5/participant

# Guidance and Behavior Management

#### 20 Positive Guidance Techniques Attachment Answers: Forming a Secure Everyone can use a toolkit of tips and tools Attachment to help quide children's emotional Learn about attachment theory and the development and manage children's four types of attachment. Better inappropriate behaviors understand the importance of a healthy attachment in early childhood. 1.5 Hours \$5/participant 1 Hours \$5/participant Behaviors that Challenge: Rough and Behaviors that Challenge: Super Hero Tumble Play Children like to move! Explore the role Explore the role superhero play has on children's social emotional development and Rough and Tumble play has in children's physical, social and intellectual ways providers can support children's development. learning through creative play. 1.5 Hours \$5/participant 15 Hours \$5/participant **Beyond Behavior Management** Bitina Hurts This class looks at what good social and An informational discussion will take place emotional development is and what we as on biting. Including prevention tips, first aid caregivers can do to help them. We look at for bites, and how to help parents cope challenging behavior and ways to decrease during a biting phase. it by making changes in our environment. discipline, and ourselves. 7 Hours \$5/participant 1.5 Hours \$5/participant Biting What is Really Happening Using Books to Promote Infant/Toddler Relationship Skills Learn about best practices for responding to biting. Now more than ever, social emotional development is important for children's success. You will receive new hands on ways to embed social and emotional skills. and a new set of age appropriate books. 1.5 Hours \$5/participant 1.5 Hours \$5/participant

#### **Guidance and Behavior**

#### Using Books to Promote Preschool Using Books to Promote OST Relationship Skills Relationship Skills Now more than ever, social emotional Now more than ever, social emotional development is important for children's development is important for children's success. You will receive new hands on success. You will receive new hands on 1.5 Hours \$5/participant 1.5 Hours \$5/participant **Challenging Behaviors** Bullvina Understand the power that your words Would you like to learn how to help children have on all domains of children's who are being bullied? Develop a better development. Recome more intentional in understanding of what bullving is and how it using language to support social affects children emotional, cognitive, and physical growth as well as developing relations with 1.5 Hours \$5/participant 1.5 Hours \$5/participant **Connections Refore Corrections** Flip it! Preschool teachers will learn strategies to This program offers a strength based simplify and integrate their classroom commonsense, effective four-step strategy goals by enhancing their use of rich. for confronting children's challenging authentic conversations with children. hehaviors. Discuss strategies for capturing teachable moments. 4 Hours \$10/participant \$5/participant 1.5 Hours "I'm Bery, Bery, Cwoss!" Helping Young Children Control Anger This class will help teachers consider the You will learn some tips and tricks on how underlying causes of children's anger and to help children manage some strong provides strategies to help children cope emntions with their feelings in a more socially acceptable way. 1.5 Hours \$5/participant

2 Hours

\$5/participant

#### Inclusion of All Children

The Right Turn

#### Building Blocks of American Sign All Children Belong Together Language Explore the benefits of including children Interactive course where participants will with special needs in your child care explore benefits of using ASL with young setting. Gain helpful inclusion tips and children and learn a few signs to use tools. immediately with children in their care. 1 Hour \$5/participant 2 Hours \$5/participant American Sion Language For Early Children with Special Needs: Childhood **Understanding and Supporting Parents** In this class we will establish some easy Discover common parent stressors and ways to include ASL into your everyday how to meet their unique challenges with with children, even if you have never taken empathy. a signing class! \$5/participant 1 Hours 2 Hours \$5/participant Let's Talk about Race Don't Laugh at Me Learn when to begin conversations about Gain an understanding of the effects of race and discover developmental age labeling and discrimination relative to appropriate tips for talking to children school-age children. ahout race. 1 Hour \$5/participant 1.5 Hours \$5/participant Sharing Your Concerns About Understanding the Needs of Children Disabilities with Autism When people are emotionally invested in someone else, it's difficult for them to This class will present basic information hear information clearly. There is a about the signs, symptoms, and diagnostic criteria of Autism Spectrum Disorder. natural protective layer between their emotional connection and conflicting This class will also introduce multiple information. We will review ways to strategies that have been proven to be share and express your concerns in a effective in supporting ASD children. thoughtful way. 1.5 Hours \$5/participant 1.5 Hours \$5/participant

## Identification and Prevention of Communicable Disease

#### Administration of Medication Communicable Disease Jeopardy This class will look at Communicable What is the best way to administer medications in a childcare setting? This Diseases and Flu Shots session will give you some ideas on ways to ensure medications are given safely. We will also review regulations. 2 Hours \$5/participant 1.5Hours \$5/participant Germ Warfare More Than Just Rashes & Runny Noses Learn more about diseases and how to This training will include handwashing tips, disease identification, exclusion, prevent them in your center. recommendations, along with food handling and food allergy concerns. 1.5 Hours \$5/participant 1.5 Hours \$5/participant Prevention of Infectious Diseases Respiratory Illnesses In this class you will learn about Participants will look at different infectious diseases and how to prevent respiratory illnesses they may encounter. infectious diseases in your center. 1.5 Hours \$5/participant 2 Hours \$5/participant Spit Happens: Managing Childhood Sneezes, Wheezes & Gooey Diseases Illnesses Learn how to support children when faced with past or present trauma, disasters, Review current information on infectious loss and/or grief through literacy. diseases in child care, the role providers play in the spread of illnesses and AAP recommendations for exclusion practices. 1.5 Hours \$5/participant 2 Hours

\$5/participant

# **Guidance and Behavior** Management

Mindfulness Strategies for providers to implement in their own lives and with children. Practicing mindfulness involves reflecting on the moment, without judgement using movement, awareness of our sense and breathing techniques.		Not in Praise of Praise  Participants will learn several objectives: understanding the advantages and disadvantages of using praise; identifying positive discipline strategies to use in place of praise; learn how to use reflective listening and encouragement instead of just praise.		
1.5 Hours	\$5/participant	1.5 Hours 5/participa		
Reach Out and Re	ad	Sanford Harmony		
with past or preser	Learn how to support children when faced with past or present trauma, disasters, loss and/or grief through literacy.		This training provides preparation for implementing the Sanford Harmony Program in your classroom.	
2 Hours	\$5/participant	2 Hours	\$5/participant	
Success for the Spirited Child  We will take an in-depth look at temperament and strategies on working with the different aspects of each type.		Trauma and Young Children Participants will learn about early brain development, how trauma affects brain development, and how caregivers can work with children exposed to trauma.		
1.5 Hours	\$5/participant	12 Hours- Series	\$30/participant	
Trauma Informed Care-Infant/Toddler This series focuses on how the infant/ toddler workforce can support infants, toddlers, and families who have experienced or who are at risk for experiencing trauma.		You've Got to Have Friends Did you know that children who lack friends in early years are at risk for problems later in life? We will cover the skills and behaviors that children need to make and keep friends		
8 Hours	\$20/participant	1.5 Hours	\$5/participant	